

Keeping a Daily Diary

To help your healthcare professional monitor and evaluate your child's progress with tube-feedings, a daily diary may be requested. Keeping a diary also may help you feel more in control of your child's tube-feeding program.

The diary below is an example of how you can track your child's home tube-feeding progress over the course of a week. You may wish to photocopy this page to use over a number of weeks. When you visit your healthcare professional, take along both this booklet and your diary.

Patient Name: _____

Week: _____ Formula Name: _____

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Date							
Weight							
Temperature							
Amount of formula taken							
Amount of water taken							
Other food or third							
Stool frequency							
Stool consistency							
Condition of tube site (clean, red, sore)							
Physical activity							



Important reminder: Please consult your child's healthcare team with any questions about your child's home tube-feeding plan.

If you have any questions about MyTubeFeedingKid or resource materials, please contact Nestlé HealthCare Nutrition at 1-800-315-9795.

© Nestlé 2016. All trademarks are owned by Société des Produits Nestlé S.A., Vevey, Switzerland.