

# Creatine5000

## Description

**A medical food intended for use under medical supervision.**

A powdered creatine amino acid medical food on a carbohydrate base.

## Indications

For use in the dietary management of inborn errors of amino acid metabolism such as GAMT deficiency and other disorders of creatine synthesis, and is used under strict medical supervision to provide the specific amounts of creatine unable to be achieved by dietary modification alone.

## Dosage and Administration

To be determined by the clinician or dietitian and is dependent on the age, body weight and medical condition of the patient.

**Each 6g packet of Creatine5000 provides 5000mg of Creatine.**

## Preparation Guidelines

To be determined by the clinician or dietitian.

May be used in low protein diets in a variety of ways;

- Mixed in with protein substitute.
- Added to modular feeds.
- Incorporated into other permitted food or drink.

## IMPORTANT NOTICE

Must only be given to patients with proven inborn errors of amino acid metabolism under strict medical supervision.

Suitable from 1 year of age.

Not to be used as a sole source of nutrition.

For enteral use only.

## Nutrition Information

		per 100g	per 6g packet			per 100g	per 6g packet
Calories	kcal	293	18	Creatine	mg	83333	5000
Protein Equivalent	g	70	4.2	Carbohydrate	g	3.3	0.2
				Fat	g	0	0

## Storage

Store in a cool, dry place.

Packets are designed for single use and should be used once opened.

## Pack Size/Weight

30 x 6g packets = 180g

## Shelf life

24 months.