

Utilize this summary sheet to record information regarding your tube feeding formula and supplies for quick and easy reference.



My Tube Feeding Orders

Formula Information

Formula Name _____

Feeding Directions: Total Volume/Day _____ mL
or _____ number of containers
or _____ mL per feeding

Total Calories/Day _____

Pump Feeding: Pump Rate = _____ mL per hour for _____ hours.

Bolus/Intermittent Feeding: _____ mL
or _____ number of containers
or _____ mL per feeding
at the following times: _____

Water Administration: Flush feeding tube before and after each feeding with _____ mL
or _____ fluid ounces of room temperature water,
or every _____ hours,
or at the following times: _____

Supply Information

Type of Feeding Tube

Size of Feeding Tube (French size) _____

Brand of Feeding Tube _____

Type of Feeding Container

Brand of Feeding Container _____

Change Feeding Container every _____ (hours or days)

Type of Set Used to Attach to Feeding Container

Change Tubing Every _____ (hours or days)

Name of Pump

Pump Manufacturer _____



Making your home tube feeding a pleasant experience

The transition to home tube feeding requires some adjustments and there are ways to make them easier. For example, talking to friends and family about your tube feeding may make you more comfortable with the transition. Or, consider scheduling your feedings during family meal time. If you choose to administer your feedings at other times, be sure to continue to engage in family and other social activities. The adjustment may require time and patience, but soon it will become a routine.

Tube Feeding Resources

The following resources provide additional information regarding home tube feeding:

■ **Oley Foundation**

The Oley Foundation is a national, non-profit organization that provides information and emotional support to individuals and caregivers receiving tube feeding. www.oley.org

■ **CaringBridge**

CaringBridge provides websites that connect people experiencing a major health issue to family and friends making the health journey easier. www.caringbridge.org

■ **Tube Feeding Awareness**

A group of parents who are raising infants and children with feeding tubes who want to share their experiences along the way in addition to raising awareness of tube feeding. www.feedingtubeawareness.com

■ **ParENTalk™**

This website provides resources and support, including instructional videos, for parents caring for a tube fed child. www.parentalk.com

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This information is for educational purposes only and is not intended as a substitute for medical advice.