

IMPACT Advanced Recovery® Drink Information Sheet

Your Surgical Team has recommended you take IMPACT Advanced Recovery® Drink before surgery to help support your recovery by preparing your body and immune system.

IMPACT Advanced Recovery® Drink is supported by numerous research studies showing a reduction in hospital length of stay and infections following major elective surgery. IMPACT Advanced Recovery® Drink is the only product on the market that is specially designed to help prepare your body for surgery by providing a unique blend of ingredients, including:

Arginine to help support immune function

Omega 3 Fatty Acids to help manage inflammation

Nucleotides to help rebuild cells

The product is vanilla flavored and this patient surgery preparation booklet contains recipes and helpful hints to prepare you for your surgery date. Your doctor recommends that you drink **3 cartons a day for 5 days prior to surgery**. One case of IMPACT Advanced Recovery® Drink contains 15 cartons. You should drink this product in addition to your normal diet.